



How to Use Products on the Naloxone Standing Order DOH 001-2025

If you think someone is experiencing an overdose, call 911. Then administer naloxone as described below (depending on the type of naloxone product you have) and stay with the person until first responders arrive.

Nasal Spray (Intranasal Formulation)

- a. Lay person on their back to receive a dose of naloxone nasal spray.
- b. Hold the naloxone nasal spray with your thumb on the bottom of the plunger and first and middle fingers on either side of the nozzle.
- c. Tilt the person's head back and provide support under the neck with your hand. Gently insert tip of nozzle into one nostril until fingers on either side of the nozzle are against the bottom of the person's nose.
- d. Press the plunger firmly to give the dose of naloxone nasal spray.
- e. Remove the naloxone nasal spray from the nostril after giving the dose.
- f. Remain with person and monitor breathing/pulse. **IF NOT BREATHING, give rescue breaths (see attached document for more information).** **IF NO PULSE, start CPR, if able and trained to do so.**
- g. If the person does not start breathing, another dose may be given every 2 to 3 minutes until the person begins breathing or emergency medical help arrives.
- h. If breathing, move the person onto their side in the recovery position (see attached document for more information).

Nasal Spray with Assembly (Intranasal Formulations with Atomizer)

- a. Lay person on their back to receive a dose of naloxone nasal spray.
- b. Pop off two yellow caps from the delivery syringe and one red cap from the naloxone vial.
- c. Screw the naloxone vial gently into the delivery syringe.
- d. Screw the mucosal atomizer device onto the top of the syringe.
- e. Spray half (1 ml) of the naloxone in one nostril and the other half (1 ml) in the other nostril.
- f. Note: Administer the naloxone in a quick burst to ensure that it is atomized. A slow administration will cause liquid to trickle in without being atomized properly, which will slow delivery to the bloodstream.
- g. Remove the naloxone nasal spray from the nostril after giving the dose.
- h. Remain with person and monitor breathing/pulse. **IF NOT BREATHING, give rescue breaths (see attached document for more information).** **IF NO PULSE, start CPR, if able and trained to do so.**



- i. If the person does not start breathing, another dose may be given every 2 to 3 minutes until the person begins breathing or emergency medical help arrives.
- j. If breathing, move the person onto their side in the recovery position (see attached document for more information).

Injectable (Intramuscular Formulations)

- a. Uncap the naloxone vial and uncap the needle on the syringe.
- b. Insert the needle through the rubber membrane on the Naloxone vial, turn the vial upside down, draw up naloxone liquid, and withdraw the needle.
- c. Insert the needle into the muscle of the upper arm or thigh of the person, through the clothing if needed, and push the plunger to inject all of the naloxone.
- d. Remove needle after giving the dose.
- e. Remain with person and monitor breathing/pulse. **IF NOT BREATHING**, lay person on their back and **give rescue breaths (see attached document for more information)**. **IF NO PULSE**, lay person on their back and **start CPR, if able and trained to do so**.
- f. If the person does not start breathing, another dose may be given every 2 to 3 minutes until the person begins breathing or emergency medical help arrives.
- g. If breathing, move the person onto their side in the recovery position (see attached document for more information).

Autoinjector (Intramuscular Formulations with Autoinjector)

- a. Press needle into outer thigh after twisting off needle cap. Do not touch the plunger until this step is completed.
- b. Push plunger until it clicks and hold for 2 seconds before removing the needle. The correct dose has been given if the plunger has been pushed all the way down and blocks part of the solution window. It is normal for most of the medicine to remain in the syringe after the dose has been injected.
- c. Pull the safety guard down using one hand with fingers behind the needle. Do this right after you give the injection.
- d. Place the used syringe into the blue case for proper disposal.
- e. Remain with person and monitor breathing/pulse. **IF NOT BREATHING**, lay person on their back and **give rescue breaths (see attached document for more information)**. **IF NO PULSE**, lay person on their back and **start CPR, if able and trained to do so**.



f. If the person does not start breathing, another dose may be given every 2 to 3 minutes until the person begins breathing or emergency medical help arrives.

g. If breathing, move the person onto their side in the recovery position (see attached document for more information).

For More Information

Naloxone Standing Order DOH-001-2025

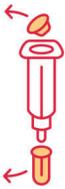
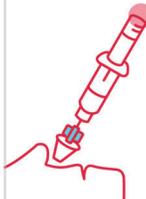
[Naloxone FAQs](#)

[Naloxone Training Video](#)

WHAT DOES AN OPIOID OVERDOSE LOOK LIKE?

	WARNING SIGNS		Dizziness		Pupils are very small
			Irregular/slow breathing		Deep snoring or gurgling noises
		<i>If a person is showing these signs, make sure they are breathing and stay with them.</i>			
	SIGNS OF OVERDOSE		Not breathing		Blue or grey lips/skin/nails
			Spasms & rigid muscle		Seizure-like movements
		<i>If they aren't breathing, call 911 and give naloxone.</i>			

HOW DO I USE NALOXONE?

SINGLE-STEP NASAL SPRAY				Press plunger into nostril
	Place your thumb on plunger			
MULTI-STEP NASAL SPRAY	<ol style="list-style-type: none">  1. Take off yellow caps  2. Screw on white cone  3. Take purple cap off of naloxone  4. Screw vial of naloxone into syringe barrel  5. Press white cone into nostril and push down on the plunger halfway in one nostril, and halfway in the other 			
AUTO-INJECTOR				Press plunger all the way down
	Remove needle cap, slowly insert needle into thigh			

WHAT DO I DO AFTER I USE NALOXONE?

IF BREATHING	Put person in recovery position		<ul style="list-style-type: none"> Hand supports head Knee prevents body from rolling onto stomach
	Stay with person until help arrives.		
IF NOT BREATHING	Give rescue breaths		<ul style="list-style-type: none"> Tilt head back Pinch nostrils closed, give 1 breath every 5 seconds
	Give rescue breaths until breathing starts or help arrives.		

SHOULD I GIVE A SECOND DOSE OF NALOXONE?

- If person doesn't start breathing in 2-3 minutes, give second dose of Naloxone
- If person stops breathing after first dose (during recovery), give second dose of Naloxone immediately
- FYI: Naloxone can wear off and result in secondary overdose. Stay with individual until EMS arrives.